



## NEWSLETTER April 2010

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**Welcome back to the start of the new term, hopefully with much better weather. We hope you all had a good Easter and enjoyed your chocolate.**

We have had some successes in competition, at the recent Somerset 2 Piece Championships Kirsty Allen achieved a very creditable 3<sup>rd</sup> on floor and 3<sup>rd</sup> on vault to win the bronze medal overall. Well done Kirsty. Rosie Coad, Jenica Harper and Megan Fisher also competed at this competition and gave a good performance all round only just missing medal places.



Well done to all those gymnasts who competed at this year's senior club competition. Everyone competed at their best and an enjoyable day was had by all competitors and spectators. A special mention must go to those young gymnasts who competed at their first competition, their first look at a full size floor must have been quite daunting. So, Chloe Pycock, Keeley Filer, Megan Robb and Molly Fisher you did brilliantly. The results of this competition and a few photographs are on display in the porch.



There was an emotional finish to the competition when Sam (Q) retired as Club Captain and passed the captaincy to a temporarily injured Ellys Jackson and Kirsty Allen was chosen as Vice Captain. Congratulations ladies.

(Left – Ellys, Right – Kirsty)

The Club has recently formed a girl's development squad where we are looking to bring our younger gymnasts in for additional training working towards South West League Competitions. We will be looking for additional gymnasts over the next few months so please girls and boys do not stop working hard. A boy's development squad will be starting in September.

### Emergency Contact Details

Please ensure that if you change your address or contact telephone numbers we are notified so we have the correct information should we need to call you.

**Holiday training** – We will be providing holiday training in the next half term. This will be on Wednesday 2<sup>nd</sup> June and Thursday 3<sup>rd</sup> June. Booking forms will be available in the porch area within the next few days.

Can we again please remind everyone how important it is that the gymnasts are dressed appropriately for gymnastics; leotard for girls and shorts and t-shirt for the boys are the preferred clothing. Hooded tops, jeans and clothing with toggles, zips, ties and buttons on the outside are not permitted. Long hair must always be tied back tight against the head and long fringes must be clipped back. It is important that the shorts the gymnasts wear do not restrict their leg movement. Girls should not wear make up when they attend the gym as it has been found to rub off on the equipment and is not easy to remove.

## **Fees**

The next set of fees is due on the 10<sup>th</sup> May 2010. Fee sheets are available in the porch. Can we please ask that fees are paid promptly.

## **Tesco Vouchers**

We are now registered with Tesco to be able to use their voucher scheme to save up for new equipment. A box is in the gym for any vouchers that you may wish to donate. We are collecting for various pieces of equipment including mats and pom poms so the gymnasts can have a hands on experience of cheerleading, as we have two coaches who will soon be qualified to teach cheerleading.

## **Beginners Competition**

Each year we hold a competition in the gym for those girls and boys who have not competed before. This year's competition will be held on Sunday 20<sup>th</sup> June 2010. Details will be sent home with those girls and boys who are eligible to compete. In addition the Competitive and Development Squads will be giving a display at the end of the Competition.